

# Important Food Allergy Notice

Dear Summer at Norwood Parents,

We need to ask for your assistance in our effort to provide a safe environment for all of our campers. We have a number of children in our camp this summer who have life-threatening peanut and nut allergies. Complete avoidance is the only way to prevent these children from having an allergic reaction, or an anaphylactic response. Anaphylaxis primarily affects the upper and lower respiratory systems with the esophagus tightening and possibly closing. Simply TOUCHING a table or toy that has been touched by another child with peanut butter or nut products on his/her hands can trigger such a fatal allergic reaction. Summer at Norwood has an emergency protocol in place in case such an emergency were to occur.

In order to keep all of our campers safe, we need your help concerning lunch, snacks and special treats. We are asking all Summer at Norwood families to:

- **Please refrain from sending foods that contain peanut butter, peanuts, or other nut products to camp.**
- If you must send a peanut or other nut product in your child's lunch, please label it clearly with the words "PEANUT OR NUT PRODUCTS ENCLOSED."
- As a precautionary measure, we will have a separate area in the spaces where campers will eat lunch designated for children with peanut or other nut products in order to limit the exposure of the product.
- We will also enforce a "no trading food" rule and make sure that all children wash their hands thoroughly after snacks and lunch.
- Parents should not bring or send special treats for distribution at camp. Contact the Camp Office for information on purchasing special birthday treats from Summer at Norwood that can be distributed to your camper's class on their birthday.

We understand that this may be an inconvenience, but greatly appreciate your working with us to provide a safe and fun environment for all Summer at Norwood campers. Thank you in advance for your cooperation and assistance in this matter. If you have any questions, please contact us at 301-841-2254.

Sincerely,  
Summer at Norwood Directors